

Welcome

Welcome to the Mayo Clinic Health Manager, a free tool that enables you to easily manage your family's health online.

You'll get **interactive, personal guidance** based on health information from Mayo Clinic experts. Plus, you can easily access and **organize your family's health information** all in one place.

STORED IN  Microsoft HealthVault
Mayo Clinic Health Manager uses Microsoft HealthVault to store your data. [Learn more](#)




Take a tour


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Monitor your health



Tools

Trackers allow you to enter data values and see a graph of results. Assessments ask you questions and give you guidance based on the answers. Calculators give you quick facts based on data you enter, calculators don't add data to the profile. Click a tool to add or remove it from the Tools tab for asdf asd.

 Asthma Control Test	 Asthma Management Questionnaire
 Blood Pressure Tracker	 BMI Calculator
 Cholesterol Tracker	 Depression Assessment
 Heart Disease Risk Calculator	 Height Tracker
 Peak Flow Tracker	 Pregnancy Due Date Calculator
 +	 Build your own tracker ...

Peak Flow Tracker




Remove from Tools tab Show Done

Manage your profile with a dashboard of tools that help put you in control. With convenient tests, tools, and trackers, it's simple to stay informed about your health.

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My Family

Mayo Clinic Health Manager helps you organize, manage and understand your family's health, and offers personalized guidance to help you make the right decisions at the right time.

Get a quick update on each family member here. For details, just click a person's name.

[Add a family member](#)

David



Next appointment
None upcoming

Recommendations
Current: 14
Unread: 12

Michael



Next appointment
None upcoming

Recommendations
Current: 18
Unread: 10

Michelle



Next appointment
None upcoming

Recommendations
Current: 26
Unread: 22

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[Manage your HealthVault account](#)

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