

**Biography**  
**Dr. Sidna Tulledge-Scheitel, M.D., MPH**  
**Primary Care Internal Medicine**  
**Mayo Clinic**



Dr. Sidna Tulledge-Scheitel is a practicing physician in Primary Care Internal Medicine at Mayo Clinic and the medical director for Global Products and Services at Mayo Clinic. She has been active in providing clinical insight to help shape Mayo Clinic Health Manager, and will continue to play that role as its medical director.

Dr. Tulledge-Scheitel also serves as an assistant professor in the Mayo School of Medicine. She has served as vice-chair on the Institute for Clinical Systems Improvement Board of Directors, and she is the author of numerous peer-reviewed journal articles with a special interest in care-delivery models, preventive service delivery and disease management.

Dr. Tulledge-Scheitel received her medical training from the University of Minnesota Medical School in Minneapolis. She completed her residency in internal medicine and preventive medicine and a fellowship in preventative medicine and preventative health at the Mayo Graduate School of Medicine, Mayo Clinic, Rochester, Minn. In addition to her medical training, Dr. Tulledge-Scheitel has a master's in public health. She has spoken on a variety of topics including disease management, overcoming barriers to behavioral change and electronic practice guidelines.